



**CHRYSALIS**  
Development Solutions  
Developing solutions from what already exists.



## Counseling Services . . .

Providing individual, couples and family therapy. Treatment specialization includes:


- » Clinical Assessments
- » Behavior Modification
- » Depression and Anxiety
- » Individual Therapy
- » Couples Therapy
- » Family Therapy
- » Parenting Support
- » Stress Management

Chrysalis Development Solutions works with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling, and beyond. In a comfortable and supportive atmosphere, Chrysalis Development Solutions offers a highly personalized approach tailored to each client's individual needs to help attain the personal growth they are striving for.



**Tamara Haynes, M.A., L.P.C.**  
Counselor & Consultant

615 East 6th Street, Suite 115 Charlotte, NC 28202

 (980) 395-0044

 (888) 391-4375

thaynes@chrysalisds.com

**Hours of Operation:**

Monday-Friday: 9:00AM to 6PM

Saturdays: 10:00AM to 3:00PM

Call to Confirm Appointment Time Availability.  
Evening Hours Available by Appointment Only.

[WWW.CHRYSALISDEVELOPMENTSOLUTIONS.COM](http://WWW.CHRYSALISDEVELOPMENTSOLUTIONS.COM)